



CEDAR HILLS

# OUR HOME TOWN

City Newsletter • August 2013

Office Hours:  
Mon-Thurs: 8 to 5  
Fri: 8 to 4  
801-785-9668  
[www.cedarhills.org](http://www.cedarhills.org)



## What's Inside?

Mayor's Minute	2
City Adjusts Utility Rates	2
Council Corner	3
Spotlight on Business	3
Join Girl Scouts	4
Welcome, 2014 YCC!	4

## Upcoming Events

City Council Meetings 7:00 p.m.	<b>Aug 6</b> 20
Summer Concert Series - 7:00 p.m.	<b>Aug 10</b>
Municipal Primary Election	<b>Aug 13</b>
Planning Commission Meeting - 7:00 p.m.	<b>Aug 22</b>
Utah County Fair	<b>Aug 14-17</b>

## City Phone Numbers:

Dial 801-785-9668 then ext. number:  
Front Desk, 100  
City Recorder, 503  
Zoning & Code Enforcement, 501  
Business Licensing, 504  
Building Dept, 200  
Utility Billing, 400  
Recreation Dept., 302 or 601  
Public Works, 200

## Other Phone Numbers (801):

Public Works After Hours, 420-2243  
Golf Pro Shop, 796-1705  
Animal Control, 763-3020  
Police, 763-3020  
Fire Department/EMT, 763-5365

## Municipal Primary Election - Aug. 13

The Primary Election will be held on Tuesday, August 13, 2013. The polls will be open from 7:00 a.m. to 8:00 p.m. at the following locations:

- **Precincts CH01 and CH02:** Cedar Ridge Elementary, 4501 W Cedar Hills Drive
- **Precincts CH03, CH04, CH05:** Deerfield Elementary, 4353 W Harvey Blvd.



Early voting will continue at the City Office Building, 10246 N Canyon Road, until August 9. Candidate information, sample ballots, a precinct map, and all other pertinent information, including the early voting schedule, are all available on the City's website.



## Summer Concert Series Continues

The City of Cedar Hills and Sammys Café and Entertainment continue this month with their free **Summer Concert Series**. Bring your blankets and chairs and enjoy the music of Andru Markel on **Saturday, August 10**. Pre-show entertainment will be provided by Cedar Hills residents Kenz Hall and Celeste Dangerfield. The concerts are held at the Heritage Park Amphitheater, 4425 W Cedar Hills Drive. Upcoming concerts are September 14: The Neighbors and October 12: Ashley Hess. The concerts begin at 7:00 p.m.

## A Letter to All Parents in Cedar Hills

Dear Parents:

The crossing guard lights will soon be flashing and the sidewalks will be filled with kids eager to attend school. The City asks for your help in keeping our children safe as they walk to and from school. Please take a few minutes and explain the following precautions to your children:

- If your child needs to cross Cedar Hills Drive or Harvey Boulevard to get to their destination (school or home), PLEASE encourage them to use the crosswalk with the crossing guard, located in front of the school. The roundabout and trail crossings do not have a crossing guard and can be dangerous.
- Encourage your child to stand on the sidewalk until the crossing guard motions them to cross the street. They are not to follow the crossing guard into the street until the crossing guard motions to them that it is safe.
- Encourage your child to walk quickly, not run, across the crosswalk. Bikes, scooters, skateboards, etc., are not to be ridden in the crosswalk, but need to be walked or carried while crossing.



## PARENT AND TEEN REMINDERS

Please slow down; the posted speed in a school zone is 20 mph. Leave home early enough to avoid rushing through the school zones. Watch carefully for children. Let us make this another happy and safe year for our children. If you have any questions or concerns, please call the City office.

# OUR HOME TOWN



## Mayor's Minute

Some of you may already know this, but it bears repeating: I love baseball. It is still a pure sport, despite the misguided actions of some of the players using performance enhancing drugs to try and be stronger, faster and better. I focus more on the baseball played by young men and some young women, because they are not thinking about contracts, money, agents, or any of the other trappings of professional sports. They play it sometimes because their dad wants them to, but also because they love it.

August is baseball season and often called the dog days of summer, because it is so hot. Yet, the boys of summer keep on playing the game, while we middle-aged men sit in the bleachers thinking of days gone by when, in our youth, we could hit from both sides of the plate and play any position.

In August of 1965 Casey Stengel retired after 55 years in baseball, and in August of 1948 the great Babe Ruth died, but it is an event in August of 1870 that I find fascinating. Fred Goldsmith was the first to demonstrate that a curve ball was not an optical illusion. He set up three poles in a straight line and then hurled a baseball that went in and around all three.

This is not unlike helping to run a city. We are thrown curve balls all the time, and our staff is great at hitting that curve ball. I want to address one of those curve balls for a moment. We are finishing the basement of the Community Recreation Center this summer so all the fitness classes can now be moved downstairs without having to compete for space upstairs.

As a small city, I struggled with how to staff and provide fitness classes and personal training to our residents on our limited budget. I like the idea of a public/private partnership, similar to what we have done with Sammy's in our grill. So we approached

Tree Fitness, which is run by Cedar Hills resident Jill Griffiths, to see if she would run our fitness and training classes. I am pleased to announce another arrangement with a professional company with expertise in an area that we needed. Jill will bring all of her equipment over, along with our equipment, and provide Cedar Hills residents with a world class fitness and personal training program. She will hire her instructors, do her own payroll, and schedule all the classes. She is not an employee of the City; we contract with Tree Fitness, so we limited our downside and may earn a percentage of the profits instead.



Mayor Gary Gygi

My approach to this and Sammy's has been less about making money, because government typically does poorly at that. I just don't want to lose money in providing services that our residents have asked for. I wish I had a quick solution to the golf course, as I see it as more of a long term project, similar to an aircraft carrier that can't make sharp turns like a ski boat, but I do believe it is turning in the right direction. I don't know if it will ever be profitable before the debt is paid off; I honestly doubt it. But with the great work of the Golf Course Financial Advisory Committee from last year, we are making improvements. Like parks and roads, we subsidize the golf course every year, but we have made very good staffing decisions and have had more tournaments this year than ever before.

Our Vista Room, which is on the main level of the Community Recreation Center, has been very busy this year with golf tournament award ceremonies, weddings, and corporate off-site meetings. When the basement is finished in the rec center, please come up and exercise with us and Tree Fitness.

## City Adjusts Utility Rates

The City had a utility rate study completed by Bowen, Collins & Associates. As recommended in the study, to continue the appropriate level of service and to help keep the infrastructure maintained, the City raised some of its utility rates effective July 1, 2013 (see chart below). To view the complete rate changes and to read the study, please visit the Utility Billing Rates page on the City's website.

	OLD RATE	NEW RATE
WATER BASE RATE	Per Household = \$6.06	Per Household = \$6.41
WATER USAGE	Per 1K Gallons = \$1.31	Per 1K Gallons = \$1.40
SEWER USAGE	Per 1K Gallons = \$3.13	Per 1K Gallons = \$3.43
STORM DRAIN	Per Household = \$7.69	Per Household = \$8.18
ADD'L GARBAGE TOTER	Per Household = \$7.13	Per Household = \$10.92

## Save on Monthly Charges with a Recycling Toter

A recycling toter is only \$4.79 per month, and each additional toter is only \$2.24 per month. With the additional garbage toter fees increasing, now is the perfect time to save some money and help the environment. The City's recycling program accepts plastic bottles and jars #1 through #7; junk mail and newspapers; old phone books and magazines; aluminum, steel, and tin cans; and broken down cardboard, but no glass or Styrofoam. Call the City office today to order your recycling toters.

## Storm Water Tip of the Month

### Did You Know...?

- Every unnecessary irrigation cycle that can be eliminated will save enough water for about 104 showers, 52 baths, 52 loads of laundry, or 312 toilet flushes? You could use less water and have a healthier lawn.
- The State's recommended irrigation schedule for the month of August in Northern Utah is once every three days. (Precipitation and cool periods may allow postponing or skipping a cycle.)
- Completing a visual inspection of your sprinkler system once a month during daylight hours is recommended to look for tilted, clogged, or broken heads. Although watering at night is recommended, you won't notice problems with your system unless you see it in operation. The Division of Water Resources found that residents in Utah with automatic sprinkler systems typically water 44% more than the lawn needs. Make sure you use your timer wisely. (Information Source: [www.conservewater.utah.gov](http://www.conservewater.utah.gov))

## City Council Corner

Jenney Rees, City Council Member

### State of the City

The Council is happy to announce that its second annual State of the City report is almost complete and will be delivered to residents in September. This magazine covers a variety of topics, including property tax rates for 2014, the 2014 fiscal year budget, upcoming capital projects, information on our recreation programs and public safety services, and more. We encourage residents to read through this and reach out to the Mayor or Council with any questions or feedback. We hope the information provided is helpful and informative. We appreciate the help and support from staff and residents as we continue to strive to make Cedar Hills a wonderful place to be.



Jenney Rees

## Spotlight on Business

### Celebration Young Performers



An exciting opportunity is coming to the Cedar Hills Recreation Center. Children and youth are invited to enroll in **Celebration Young Performers**. Sing, dance, and perform in this exciting new program. Attend a FREE PREVIEW for parents and children on August 8. Children ages 6-11 come at 7:00 p.m. and ages 12-15 come at 8:00 p.m. The free preview will be held at the Cedar Hills Recreation Center, located at 10640 N. Clubhouse Drive in Cedar Hills. Come and meet the instructors, learn about the program, and enjoy refreshments. Sign up for the preview online and be entered into a drawing to win shakes at Sammy's Cafe!

**Celebration Young Performers** offers weekly instruction in singing, dancing, and performing—plus exciting opportunities to take the stage. In a fun, positive environment, young performers will gain skills and confidence and develop new friendships as they learn exciting show music and choreography. The super-friendly instructors are members of the BYU Ballroom Dance Team, BYU Vocal Point, and BYU Young Ambassadors.

Regular classes will be held on Thursdays, beginning August 22. Register online by Sat., August 10, to get the annual registration fee waived. Get all the details and sign up for the free preview at [www.CelebrationPerformers.com](http://www.CelebrationPerformers.com). Come, join the fun!

## Karate Classes Begin August 12

### Register NOW! AGES 6-12

Karate classes for children ages 6-12 will begin August 12 in our newly finished basement at the Cedar Hills Recreation Center on Mondays and Wednesdays. Beginner-level classes are from 5 to 6 p.m. and intermediate-level classes are from 6 to 7 p.m. The registration fee is \$50, and each session lasts six weeks.

These classes will create a fun, multi-level karate training experience for all participants. The curriculum provides a basic foundation for learning self defense; increasing and developing muscular flexibility, strength, and coordination; reinforcing principles of discipline, respect, humility, and self understanding in a safe learning environment. Each class begins with bowing in, stretching, and exercise.

**Registration for karate classes is only available online at:**

[www.cedarhills.sportsites.com](http://www.cedarhills.sportsites.com). Questions may be directed to Nicole Allen, Cedar Hills Recreation Co-Coordinator, at 801-785-9668, ext. 302, or [nallen@cedarhills.org](mailto:nallen@cedarhills.org).



## Spotlight on Business

### Tree Fitness with Jill Griffiths



Tree Fitness will offer a world class fitness and personal training program at the Cedar Hills Recreation Center beginning in September. Tree Fitness is owned by Jill Griffiths, who has lived in Cedar Hills for almost eight years. She has been in the professional fitness industry for over 14 years, and over three years ago she created the personal trainer-led BOOTCAMP program, which includes: 1) results oriented workouts based off clients goals; 2) varied workouts in every session; 3) built-in support system from the team; 4) and nutrition and meal plans to help with nutrition goals. BOOTCAMP allows the participant access to a personal trainer for a fraction of a normal trainer fee. Tree fitness brings the same program to Cedar Hills. Griffiths is teaching her program to other skilled personal trainers to provide more availability and access for participants.

Tree Fitness will also continue to offer fitness classes such as Zumba, Zumbatomic, SPIN/tone, SPIN/core, TRX, Kidfit, and more. The fall fitness schedule will begin September 3. BOOTCAMP begins September 4. For more details or to sign-up for fitness classes and BOOTCAMP please go to [www.treefitness.com](http://www.treefitness.com).



Jill Griffiths

## Residents Recognized for Yards of the Month

The City's Beautification Committee gives awards each month through September to recognize some of the nicest yards in Cedar Hills. The City has been divided into five areas according to voting precincts, and one winner from each area will be selected each month. The winners are announced on the City's website along with pictures of their beautiful yards. Go to **Residents>News & Events>Yards of the Month** to see July's winners.



### Get in the Loop on Facebook

The City's Facebook page is where residents are sharing important information and giving feedback on a variety of topics. If you haven't already done so, please "like" our Facebook page at: [www.facebook.com/cedarhillsutah](http://www.facebook.com/cedarhillsutah).



## Flag Football Registration Extended

Register for flag football for grades 2 through 9. The program is open to boys and girls in Cedar Hills and surrounding cities, and there's no additional fee for non-residents. Games are played mid-August through early October. Online registration is available on the City's website through **August 14**. If you would like additional youth sports information e-mailed to you, please contact the Community Services Department.



## For Fun and Adventure Join Girl Scouts



Girl Scouts of Utah is now forming Kindergarten daisy troops. Girls going into Kindergarten, along with parents/guardians, are invited to a complimentary Daisy Flower Garden Party. Girls will discover the fun and power of being a Girl Scout

Daisy through song, story, and a craft project that can be taken home. Parents will learn about the Girl Scout leadership experience, how to register your daughter, and how simple and flexible it is to be a volunteer and support your daughter. The Daisy Flower Garden Party will be held on **Monday, August 26**, from 4:30 to 5:00 p.m. on the lawn at Heritage Park.

Join Girl Scouts now! Fun activities help girls build leadership, strengthen values, make new friends, and discover the outdoors. Girls explore practical life skills, including healthy living, cultural literacy, and even science, technology, engineering, and math (STEM) in a safe, all-girl environment. Girl Scouts of Utah welcomes all girls in Kindergarten through grade 12. Questions? Contact Stephanie Martinez at [martineznbfe@aol.com](mailto:martineznbfe@aol.com) or call 801-404-2816.

## Welcome! 2014 Youth City Council

We are excited to announce the 2013-2014 YCC members! Mayor: Jordan Anderson; Mayor Pro-Tem: Kyle Schvaneveldt; Treasurer: Zach Holley; Recorder: Kiera Gundmundsen; Liaison: Madison Hazen; Photographer: Julia Mather. The committees are: **Publicity:** Madee Proffit, chair; Will Osborne; Bethany Ericksen; and Zach Holley. **Activities:** Todd Paskett, chair; Courtney Anderson; Shelby Bergeson; Makayla Bezzant; and Cloe DeMille. **Fundraising:** Hannah Murdock, chair; Sam Lopez; Jared Bushman; Kiera Gundmundsen; and Bryce Baird. **Service:** Benjamin Jensen, chair; RJ Hazen; Madison Boone; Julia Mather; and Madison Hazen.



*The Cedar Hills Youth City Council is a youth-led, service and events organization, which focuses on the needs of the residents of our city.*

## AFHS Open House and Ribbon Cutting

American Fork High School has completed the first phase of new construction at the school and would like to celebrate with the public. AFHS will host an open house and ribbon cutting ceremony on **Thursday, August 15**, from 5 to 7 p.m. at the school. The ceremony will begin at 6:00 p.m. in the main commons area of the new addition. Everyone is welcome to attend.

## Fundraiser for Lone Peak Marching Band

Please welcome **Mindy Gledhill** in concert on **Friday, September 6**, at 7 p.m. at the Lone Peak High School Auditorium (10189 N. 4800 W. Highland). Doors open at 6:30 p.m. Tickets can be purchased from a band member, at the high school during lunch, or by calling Leanne at 801-756-1423. Prices are \$10 in advance or \$12 at the door. All proceeds benefit the Lone Peak High School Marching Band. Please come and support our band!

## Pickup Delayed

The first week in September, garbage and recycling pickup will be delayed one day, due to the Labor Day holiday on September 2. Please have toters at the curb by 7 a.m.



## Why not go paperless?

If you have an Internet connection and an e-mail address, you can pay your monthly bill online using any major credit card. To sign up, go to the City's Web site and click on the Utility Services button. There are many benefits of going to paperless billing using Xpress Bill Pay:

- No more paper! Monthly statements are sent to your e-mail address, along with an online link to the City's newsletter.
- Several years of past statements are viewable.
- All major credit cards accepted—Many bill-pay options.
- View and pay bill at any time day or night.
- Eliminate late fees!
- It's free!



## Utah County Fair 2013

Join us at the Spanish Fork Fairgrounds, **August 14-17**. Nightly activities in the arena include Pig Wrestling, Bull Riding, Ranch Rodeo, and Demolition Derby. Daily activities include entertainment, carnival, horse show, livestock show, 4-H exhibits, open class, Scout expo, demonstrations, car show, taxidermy competition, equipment rodeo, commercial and food vendors. For more information and to purchase event tickets, please visit: [www.utahcountyfair.org](http://www.utahcountyfair.org). Free parking and free admission to the fairgrounds!

