



# OUR HOME TOWN

City Newsletter • August 2014

Office Hours:  
Mon-Thurs: 8 to 5  
Fri: 8 to 4  
801-785-9668  
[www.cedarhills.org](http://www.cedarhills.org)



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## Upcoming Events

City Council Meetings 7:00 p.m.	<b>Aug 5 &amp; 19</b>
Town Hall Meeting 7pm, Rec Center	<b>Aug 14</b>
Concert Series: Carmen Rasmusen	<b>Aug 16</b>
Planning Commission Meeting 7:00 p.m.	<b>Aug 28</b>
Story Time Begins 11am at Rec Center	<b>Sep 3</b>

**City Phone Numbers:**  
Dial 801-785-9668 then ext. number:  
Front Desk, 100  
City Recorder, 503  
Zoning & Code Enforcement, 500  
Business Licensing, 504  
Building Department, 200  
Public Works, 200  
Utility Billing, 400  
Recreation, 302 or 601  
Vista Room, 300  
**Other Phone Numbers (801):**  
Public Works After Hours, 420-2243  
Golf Pro Shop, 796-1705  
Animal Control, 763-3020  
Police, 763-3020

## Free Pancake Breakfast – August 16

A great way to start off the morning—the Pancake Breakfast has become a tradition for Cedar Hills families. Breakfast includes: pancakes, eggs, bacon, milk, and juice. **Time:** 8:00 to 9:30 a.m. **Location:** The Vista Room at the Cedar Hills Community Recreation Center, 10640 N. Clubhouse Drive. Good food, good friends, good fun. Be there or be hungry!



## A Message to Parents in Cedar Hills



The crossing guard lights will soon be flashing and the sidewalks will be filled with kids eager to attend school. The city asks for your help in keeping our children safe as they walk to and from school. Please take a few minutes and explain the following precautions to your children:

- If your child needs to cross Cedar Hills Drive or Harvey Boulevard to get to their destination (school or home), PLEASE encourage them to use the crosswalk with the crossing guard, located in front of the school. The roundabout and trail crossings do not have a crossing guard and can be dangerous.
- Encourage your child to stand on the sidewalk until the crossing guard motions for them to cross the street. They are not to follow the crossing guard into the street until the crossing guard motions to them that it is safe.
- Encourage your child to walk quickly, not run, across the crosswalk. Bikes, scooters, skateboards, etc., are not to be ridden in the crosswalk, but need to be walked or carried while crossing.

## PARENT AND TEEN REMINDERS

Please slow down; the posted speed in a school zone is 20 mph. Leave home early enough to avoid rushing through the school zones. Watch carefully for children and the crossing guards. Let us make this another happy and safe year. If you have any questions or concerns, please call the city office.

## Concert Series Continues Aug. 16

The City of Cedar Hills, Seventy3 Creative, and Maui Chill continue with a free Summer Concert Series through September at the Heritage Park Amphitheater. **August 16:** American Idol contestant Carmen Rasmusen with Amy Whitcomb and the Dave Jackman Big Band; **September 13:** Battle of the Bands. The concerts begin at 7:00 p.m. Bring blankets and lawn chairs.



Carmen Rasmusen



## Cedar Hills Story Time Begins Sept. 3

The city invites you to another fun-filled year of songs, stories, and art with Miss Marisa. Every Wednesday, beginning September 3 at 11:00 a.m., a free story time for children of all ages accompanied by a parent will be held at the Cedar Hills Community Recreation Center in the Vista Room in front of the fireplace. We can't wait to see you there. Questions? Call Marisa Wright at: 801-900-1036.

# OUR HOME TOWN



## Mayor's Minute

I have been writing for many months about our water systems. I am concerned that if we don't reduce our consumption, we will be in trouble someday, when we have a drought or when one of our pumping stations goes down.

I thought that I had been speaking clearly on this subject, but I am being told that I need to be bolder and clearer. So along those lines, I am going to be very clear about our water systems and what we can and what, I believe, we should do.

We have two wells in our city that provide our culinary water to drink, bathe, do laundry, etc.—the Cottonwood Well and the Harvey Well. Our secondary water, which is used to irrigate our lawns and gardens, comes from American Fork Canyon, Deer Creek Reservoir by way of the Central Utah Water Project (CUP), and a well on the golf course. The water from American Fork Canyon is shared with Highland, Lehi, Pleasant Grove, and American Fork. This water is usually severely reduced by midsummer, and we will not always be guaranteed to have it, because if we had a drought, then there would not be much water to share with the other cities. The city is contracted to receive a limited amount of water from CUP, but it is also the most expensive water in our supply portfolio. Once the city consumes its allotment of CUP water for the year, there is no guarantee we can receive more, even at a higher cost. The irrigation well on the golf course produces less water than our culinary wells and cannot supply the current demand on the irrigation system. Subsequently, during the peak summer months, due to such high water consumption city-wide, the city must rely on our culinary wells to provide outdoor irrigation water.

It shouldn't be a surprise that because we live in a desert, we need to plan ahead for the future, not just for today or next year. I am thinking about the city's water systems for the next 40 years, and I am worried, if we don't reduce our consumption. Former wise councils created a redundant system in our Cottonwood Well, and this helps. But when the Manila Water Company went out of business, Cedar Hills acquired many homes that also now use our

*Someone is sitting  
in the shade today  
because someone  
planted a tree a  
long time ago.  
-Warren Buffett*

water. This taxes our water capacity—not by supply—because right now we have enough supply, but our ability to pump it through our pipes is limited.

Some have suggested that the city just needs to buy more water shares. This will not help us. As mentioned, we are pumping as much water as our system allows during the hottest months of the summer, so if a pumping station went down during this time, we would all have brown lawns.

The most logical solution seems to be metering each property, and many cities are doing this. In fact, Spanish Fork has already done this, and their water consumption is approximately half of Cedar Hills' per acre. I believe the State will eventually require all cities to meter their PI systems, so the water can be better tracked. I am told that if we would treat our water systems like other utilities, which are measured and billed by consumption, then we would watch what we use more carefully and reduce our consumption.

Metering our PI system is expensive, so we are looking at all options, including grants from Rocky Mountain Power and the reduced electricity costs of pumping less water. Someone suggested not do anything and wait until we have a breakdown in the system. I don't believe that is a good strategy. If I wait until a pumping station goes down or the current drought gets worse, then it could be financially disastrous to the city, which is all of us.

We are talking with a very knowledgeable water engineering firm to analyze our capacity and advise us on our best alternatives. We will be having a town hall meeting on Thursday, August 14, to discuss our findings, so please plan to attend the meeting at 7:00 p.m. at the recreation center.

We have rationed water before and are asking you to water every third day this summer, but we are still using between two to three times the state's recommendation. If we don't reduce our consumption, then the cost to meter could be in excess of two million dollars. Please come to our town hall meeting or come see me any Thursday morning in my office.



Mayor Gary Gygi

## Storm Water Tip of the Month

### Storm Drains – We all live downstream!

During this time of year when we are maintaining our yards, cleaning out garages, and washing cars, remember that all of the water that leaves your property enters the storm drain system and ends up in the local waterways, such as canals, streams, ponds, lakes, and rivers. Here are some important reminders to ensure that our water is protected:

1. Apply lawn and garden chemicals sparingly. Excess is washed out to the gutter and into the storm drain system.
2. Make sure that grass clippings and leaves are properly disposed of. These easily clog storm drain systems and don't allow them to function properly.
3. Landscaping materials that are delivered to your home should

never be placed in the street or on the sidewalk. Have dirt, gravel, mulch, etc. delivered onto your property and make sure to sweep up the excess and dispose of it properly.

4. Never allow liquids such as motor oil, gasoline, paint, or other harmful items to be washed down the storm drain system. Always use proper disposal practices.

### Be on the Lookout!

Crosswalk, parking lot, and street striping has begun. Watch for street workers, and give them a "thumbs up."

**There will be a one-day delay in garbage and recycling service the week of September 1.**



## City Council Corner

Jenney Rees, City Council Member

As part of the Cedar Hills Champions program, the City recognized four individuals over the past two months. Lois Moessinger and RaLynn Hansen, who work as crossing guards for the elementary schools, were recognized in June. Lois has been the crossing guard for Cedar Ridge Elementary School for 10 years and RaLynn has been the crossing guard for Deerfield Elementary School for eight years. Rarely missing a day of work, both women have been responsible for safeguarding and regulating pedestrian traffic crossing streets and in helping the children of the Cedar Hills community get to school safely.

John D. Lamb was also recognized in June for receiving the Karl G. Maeser Distinguished Faculty Lecture Award through Brigham Young University. This award is the university's highest faculty honor. In order to be eligible for the award one must be nominated and show a pattern of excellence in teaching, research, and university citizenship. BYU has approximately 3,000 faculty members and honors one each year with this award. Professor Lamb retired in June after 36 years of teaching at BYU.

Chad Lewis was recognized in July for receiving the Distinguished Eagle Scout Award through the Boy Scouts of America. This award is given to men who earned their Eagle Scout Award in their youth and then received extraordinary national-level recognition, fame, or eminence in their profession. Chad currently serves as the NFL's Ambassador to Southeast Asia and is the Associate Athletic Director – Development at BYU.

The Cedar Hills Champions program is a fun way to recognize our residents for noteworthy accomplishments. A complete list of our champions can be found online at <http://www.cedarhills.org/news-events/cedar-hills-champions>. Nominations for future champions can be sent to [jrees@cedarhills.org](mailto:jrees@cedarhills.org).



Jenney Rees

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## In Honor of Andy Walkingshaw

The Lone Peak Fire District would love to see all of our fine citizens at the Alpine Days parade on Sat., August 9, at 10:00 a.m. We will be honored to have the family of one of our own, Andy Walkingshaw, ride in a fire truck in the parade. Andy passed away on June 29, while vacationing in Hawaii with his wife, celebrating their 25th wedding anniversary. Andy was instrumental in saving many of the homes during the Alpine Quail fire in 2012. The LPFD and the citizens of Alpine, Highland, and Cedar Hills are grateful for Andy's dedication and service to the community. We would like to help ease the financial burden placed upon Andy's family at this difficult time by asking for donations in his behalf. If you would like to help, donations will be accepted at the Highland City Fire Station. Please be sure to give the Walkingshaw family a warm welcome at the parade.



Battalion Chief  
Joe McRae  
801-763-5365

## Festival Chair says, "Thank You!"

I want to express my sincere appreciation to all the volunteers and to the members of the Family Festival committee for their time and effort in making the Family Festival a huge success. What a blessing it was to see so many members of our community come out and celebrate with our amazing city. We look forward to seeing you all again next year!



Jerianne Conroy  
Festival Chair

## Volunteers Needed

Meals on Wheels volunteers are needed to deliver meals to homebound seniors in our community. Volunteers deliver lunchtime meals for one hour once a week. For more information, call Stephanie at 801-229-3821.

## Support Series for Caregivers

A free informative support series focusing on the needs of those caring for their aging loved ones will be held monthly beginning Thursday, August 21, at 6:00 p.m. at The Charleston assisted living facility, 10020 North 4600 West in Cedar Hills. The scheduled topics will be: August 21- Behaviors in Communication; Sept. 18- Warning Signs of Caregiver Burnout; Oct. 16-Balancing Life in a Caregiver's Role; Nov. 20- Coping with Grief and Loss. For more information contact Carrie Harris at The Charleston: 801-772-0123.

## PI Maintenance Affects Some in Lower Zone

Beginning Monday, July 22, some pressurized irrigation users in the lower zone may experience a reduction in water pressure between 1:00 and 1:30 p.m. for about five to 10 minutes. A routine maintenance procedure will be performed every Monday at that time. Questions may be directed to the Public Works Department.

## Residents Recognized for Yards of the Month

The City's Beautification Committee gives awards each month through September to recognize some of the nicest yards in Cedar Hills. The City has been divided into five areas according to voting precincts, and one winner from each area will be selected each



month. The winners are announced on the City's website along with pictures of their beautiful yards. Go to **Residents > News & Events > Yards of the Month** to see July's winners.

**Call 811 before you dig!**  
**August 11 is "811" day for Blue Stakes of Utah.**

## Tot Soccer - Registration Ends August 10

Tot Soccer is a fun, six-week soccer league for children ages 3 and 4. Games will be played on Tuesday evenings at Mesquite Park in Cedar Hills beginning August 26. Parents are encouraged to coach. Online registration for the fall season is open and will close August 10. Register at [www.cedarhills.org/recreation/youth-sports](http://www.cedarhills.org/recreation/youth-sports) or at the Cedar Hills office building, 10246 N Canyon Road, during regular business hours. For more information contact the Cedar Hills Recreation Department at 801-785-9668, ext. 302, or e-mail: [recreation@cedarhills.org](mailto:recreation@cedarhills.org). The Cedar Hills Tot Soccer League welcomes Highland and Alpine residents as part of the Tri-City recreational program.

## Flag Football Registration Has Begun

It's time to register for Youth Flag Football for grades 2 through 9. The program is open to boys and girls in Cedar Hills, and there's no additional fee for non-residents. Games are played mid-August through early October. **Online registration is available on the city's website through August 15.**

## Karate Begins Aug. 25 - Register NOW!

Karate classes for children ages 6-12 begin August 25 at the Cedar Hills Recreation Center. Classes are Mondays and Wednesdays. Beginner-level classes are 5 to 6 p.m. and intermediate-level classes are 6 to 7 p.m. Registration fee is \$50 for each five-week session. Register online at: [www.cedarhills.sportsites.com](http://www.cedarhills.sportsites.com).

## Learn to Sing, Dance, Perform!

Separate classes for ages 5-15 are held weekly at the Cedar Hills Recreation Center studio. Learn Christmas shows to perform at the Festival of Trees and the Dickens Festival. Professional instructors from the BYU Ballroom team, Young Ambassadors, and Vocal Point. **REGISTER NOW FOR FALL CLASSES**, which begin Sept. 4! Register online at [www.CelebrationPerformers.com](http://www.CelebrationPerformers.com). For more information call Sherri Whitehead at: 801-492-7524 or 801-400-5336.

## Creative Dance Classes Begin Sept. 2

Designed for children ages 3-5 who love to dance and move, Julie Staheli (B.A. in Dance from BYU) offers a high energy class that is imaginative and fun. It teaches the fundamentals of dance and combines rhythm, coordination, and flexibility. Classes are Tuesday mornings from 9:30 to 10:15 and 10:15 to 11:00 at the Cedar Hills Recreation Center. Tuition is \$30/month. For more information or to register, e-mail Julie Staheli at: [cedarhillsdance@gmail.com](mailto:cedarhillsdance@gmail.com).

## Fitness BOOTCAMPS at the Recreation Center

Jill Griffiths of Tree Fitness offers a world-class fitness and personal trainer-led BOOTCAMP program at the Cedar Hills Recreation Center. **August: BACK TO SCHOOL BOOTCAMP at 6:30am MWF.** Keep up your momentum and get out of the house! Indoor/outdoor workouts. This bootcamp ends before school starts. For more information or to register for BOOTCAMP contact Tree Fitness at: [www.treefitness.com](http://www.treefitness.com).

## New Junior High Grand Opening

Lincoln Academy, a premier Kindergarten through ninth grade charter school, located at 1582 West 3300 North in Pleasant Grove, announces the completion of a new 30,000 sq. ft. junior high facility. The public is invited to attend the grand opening on August 14. The open house will run from 5 to 8 p.m., with the ribbon cutting ceremony at 6:00. For more information contact Gary Shatswell at 801-369-9296.

## Sing with Utah Children's Choir

Utah Children's Choir celebrates its 30th year as a premier Utah Valley youth choir. Children ages 8-16 who love to sing are invited to join the choir. Rehearsals begin the last week of August at the Pleasant Grove Senior Center. Nationally recognized director Kay Asay leads group rehearsals, and Marilyn Rudolph serves as the choir's vocal coach. Brief auditions will be held to determine choir level and vocal part. Singers need to have a short song ready to sing. Please contact Miss Asay at 801-756-6450 or [kayasaymusic@gmail.com](mailto:kayasaymusic@gmail.com) to make an appointment. Tuition varies depending on age levels and payment frequency.

## Classes for Those with Chronic Conditions

Would you like to better manage chronic conditions, decrease pain, decrease doctors' visits, and enjoy life more? The Utah County Health Department (UCHD), Utah Arthritis Program, and Mountains Association are promoting "Living Well with Chronic Conditions," a six-class self-management series. Classes are tailored for individuals living with a chronic condition or for those who live with someone with a chronic condition, such as asthma, arthritis, fibromyalgia, cancer, heart disease, emphysema, depression, or chronic pain. Subjects covered will include: techniques to combat frustration, fatigue, pain, and isolation; appropriate exercise to maintain and improve strength; appropriate use of medications and proper nutrition; techniques to effectively communicate with family, friends, and health professionals, and guidelines to evaluate new treatments. UCHD offers classes on a regular basis in the American Fork office (599 S. 500 E.). Classes run about two hours and are free, but registration is required. For more information or to sign up call Patty at 801-851-7528. Visit [www.UtahCountyHealth.org](http://www.UtahCountyHealth.org) or follow us at [www.Facebook.com/uhealth](http://www.Facebook.com/uhealth).



It's troop 1138, sponsored by the Cedar Hills 14th Ward, picking up trash along the creek that runs from Cottonwood Drive to Heritage Park on July 16. Leaders for this event were Keith Gwilliam and Phil Smith. Thanks!