



CEDAR HILLS

OUR HOME TOWN

City Newsletter • September 2014

Office Hours:
Mon-Thurs: 8 to 5
Fri: 8 to 4
801-785-9668
www.cedarhills.org



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Upcoming Events

City Council Meetings 7:00 p.m.	Sept 2 & 16
Story Time Begins 11am at Rec Center	Sept 3
Concert Series: Battle of the Bands	Sept 13
Planning Commission Meeting 7:00 p.m.	Sept 25
Eagle Project: Confer- ence on Depression	Sept 26

City Phone Numbers:
Dial 801-785-9668 then ext. number:
Front Desk, 100
City Recorder, 503
Zoning & Code Enforcement, 500
Business Licensing, 504
Building Department, 200
Public Works, 200
Utility Billing, 400
Recreation, 302 or 601
Vista Room, 300
Other Phone Numbers (801):
Public Works After Hours, 420-2243
Golf Pro Shop, 796-1705
Animal Control, 763-3020
Police, 763-3020

Concert Series Concludes Sept. 13

The City of Cedar Hills, Seventy3 Creative, and Maui Chill conclude the free Summer Concert Series with a Battle of the Bands on September 13. The show begins at 7:00 p.m. at the Heritage Park Amphitheater. Bring blankets and lawn chairs for an enjoyable night of fun competition.



Story Time Begins; Children Invited for Another Fun-filled Year

The city invites you to another fun-filled year of songs, stories, and art with Miss Marisa. Every Wednesday at 11:00 a.m., a free story time for children of all ages, accompanied by a parent, will be held at the Cedar Hills Community Recreation Center in the Vista Room in front of the fire-place. We can't wait to see you there. You won't want to miss it! Questions? Call Marisa Wright at: 801-900-1036.

Feature Article: A Different Perspective on the Cedar Hills Golf Course

Michael Geddes, Cedar Hills City Council

Several years ago, before the Cedar Hills Golf Club construction was completed, I stood at the now number one tee box and looked down on the valley to the west and thought: "Wow, this is an amazing starting golf hole!"—a view unlike any other golf course I had ever played before. As an avid golfer, I was excited to see how the hole would finish and then how the course would play. Fast forward almost 10 years and here is my perspective—as a golfer, a Cedar Hills resident of 14 years, and a new member of the city council.



Mike Geddes

The city has wonderful assets in a quality golf course, a beautiful recreation center, and a very competent staff that runs and oversees the facility. This article has nothing to do with the finances or history surrounding the course. As a council and with the help of the city staff, we are striving to be publicly open and transparent. I personally believe we will see the numbers get better each year.

First, my bias as a golfer: I have been a season pass holder since the golf course opened. Admittedly, I probably play more golf than any member of the council; I just enjoy getting out when I can. I've watched the transformation from a new course with all its problems to a genuine great course. In the recent couple of years I watched the addition of a beautiful clubhouse and city recreation center that replaced the doublewide trailer and storage tent. This past month I played in several tournaments held at the course and experienced some interesting feedback. The overwhelming comment I heard was: "What great shape the golf course is in"—a tribute to our golf course superintendent, Brian Cloud, and his lean but very capable staff. They are hard at work early each morning, mowing, weeding, raking, and taking wonderful care of the course. The clubhouse staff, headed by Wade Doyle, is friendly, helpful, and very competent. The carts are clean and in good repair, and the pro-shop is adequately stocked with golf accessories.

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Mayor's Minute

September is such a wonderful month for sports fans like me. Baseball season is winding down and football season is winding up. For my family, we are also harvesting the last of our garden and preparing the soil for the long winter, so that it is ready for planting next spring. Part of my process is to turn the soil over and throw out as many rocks as I can find. Our city is also preparing itself for future projects and seasons. Like many cities, we have a problem with using too much secondary water, and we are struggling to find a good solution.

Earlier this year, we created a resident-driven water conservation committee, which was given the assignment to make recommendations to the city for long term solutions for reducing our water consumption. This committee unanimously stated that the only viable long-term solution is to install meters for our pressurized irrigation use. I had hoped that the city staff and council would be ready to make a decision about metering this fall. While I do feel most of us agree on the committee's recommendation, I don't think you, our residents, are ready yet. We recently had a water conservation town hall meeting and there were not enough

of us there. Fortunately, we have video of this meeting, and it is available on our city website at: www.cedarhills.org/utilities/water-conservation. Please watch this video and express your comments and concerns to us sooner than later. I see what Governor Herbert is trying to do about water conservation, and I am trying to get ahead of the game so we will be ready if we are asked to track our water usage or if we have a drought and don't have as much water to use as we are currently using.



Mayor Gary Gygi

Finally, on another note, our recent bi-annual resident survey told me that residents like our summer concert series. This is encouraging to me, as we are working hard to make this a worthwhile event for everyone. We have one more concert, a battle of the bands, which is on Saturday, September 13, at 7:00 p.m. at the Heritage Park amphitheater by Cedar Ridge Elementary School. Our concert performers have been spectacular this year and provided a great date night for all who attended. Please arrange your schedules to attend and see for yourselves how terrific it is.

Storm Water Tip of the Month We Can Make a Difference!

Properly Dispose of Travel Trailer Waste

What do you do when it's time to dump your travel trailer waste? Remember that sewage dumped on the ground or in the storm drain is a danger to public and environmental health and pollutes our waterways. Make sure to end your trip with a visit to a dump station! Visit www.rvdumps.com for a list of dumps by state and major interstates.

Winterizing Pressurized Irrigation

The pressurized irrigation will be winterized on October 15. After that date, the system will be turned off until April 15, 2015. Leave your individual shut-off valve in the "open" position to allow for proper drainage. Each system must be drained to prevent damage to components caused by frozen water inside pipes and valves. Prior to the system being energized in the spring, "close" the individual shut-off valve. If your sprinkler system is still in service after October 18, please notify the City. The City will provide an investigation for a possible cross connection.

TSSD Puts Hold on Green Waste

Until further notice Timpanogos Special Service District will temporarily discontinue acceptance of green waste or wood waste. The District has an excess amount of green waste, which can result in the potential for increased odor and pose a fire hazard. Green waste can be disposed of at the North Pointe Transfer Station in Lindon at their current fee rate or with a free landfill pass issued from the city. The District will continue to sell compost.

Parking on Public Streets

We would like to remind residents of the parking regulations in Cedar Hills. With the summer coming to a close and school back in session, we need everyone's cooperation and help in keeping our streets clean and safe. It is in violation for residents to use public streets/right-of-ways for parking or storage of any trailers, RV's, boats, campers, or basketball stands. It is also unlawful to park any vehicle in the same location on a street or municipal property for a continuous period of time exceeding forty eight (48) hours (ord. 8-5-2008A, 8-5-2008). Any vehicle in violation may be subject to fees and/or towing. Thank you for your cooperation and help in making Cedar Hills a beautiful and safe community.

Street Repair Projects Coming Your Way

Micro surfacing of streets throughout the city begins Sept. 8, and will be completed as weather permits. The following subdivisions will be affected by temporary street closures: Juniper Heights, Lakeview, and Cedar Cove Estates.

Prescription Take Back Event—Sept. 27

The public has an opportunity to prevent pill abuse and theft by removing potentially dangerous, expired, unused, and unwanted prescription drugs from their medicine cabinets. Free to the public, this event helps safely dispose of unused medications to prevent misuse and protect the environment. Medications will be collected on Sat., Sept. 27, from 10 a.m. to 2 p.m. at locations throughout the county, including: **Lehi Macey's 760 E. Main Street; American Fork Fresh Market 135 E. Main Street; Pleasant Grove Macey's 931 West State Street.**

For more information, including permanent drop off locations, please see www.UseOnlyAsDirected.org or call 801-851-7181.

City Council Corner

Jenney Rees, City Council Member

Earlier this summer the city hired Hansen, Allen and Luce (HAL) to develop a model to evaluate capacity and performance of the pressurized irrigation (PI) system under different scenarios. HAL completed this study and presented their findings in a town hall meeting on August 15. Some of the highlights of the meeting are as follows:



Jenney Rees

- Our current usage shows a very high water demand of 5.9 million gallons per day.
- Inadequate pressures and marginal water pressures exist throughout the city.
- Very high velocities in excess of seven feet per second occur in several pipes.
- If conservation goals were achieved, demand would be reduced to 3.5 million gallons per day, which would stabilize and improve water pressure throughout the system.
- The PI system appears to have adequate capacity for build-out, if water conservation measures are implemented.
- The Cottonwood Well, which provides culinary water, is frequently used to supply water to the PI system. In the hottest summer months, 100% of the culinary water from this well is sent to the PI system.
- With a culinary well failure, demand would need to be curtailed significantly.
- With a booster pump failure water could still be delivered, but water conservation would be critically important and there would be an increased probability of additional pump failures due to extended operation.

The entire presentation is available on the City's YouTube channel and residents are encouraged to watch it.

City officials and staff recognize that the City must do its part in conserving water. Some of the more recent measures taken by the City include:

- Installing rain delay sensors at the major parks so the sprinkler system does not turn on in the rain or after the ground has received a significant amount of rainfall.
- Reducing watering times on park strips owned by the City.
- Reducing watering times at the golf course.
- Providing golf maintenance crews with technology that allows them to remotely control the golf sprinkler system so that it may be turned off during rainstorms.

Lower temperatures in September reduce the need for watering to approximately once per week. Adjust your individual sprinkler system and make it a habit to follow recommended watering requirements based on temperature, precipitation, type of soil, etc. You can also schedule a free sprinkler check at www.slowtheflow.org. For more information on water conservation in Cedar Hills please visit: www.chwater.org.

Eagle Project: Conference Organized to Help Those Affected by Depression and Anxiety

Do you know someone who struggles? I can help! My name is Nathan Kaylor, and I am organizing a conference on depression and anxiety over at Lone Peak High School for my Eagle project. Depression can be a difficult burden to bear, and many who are struggling find themselves without the tools, resources, or knowledge to combat it. At this conference I will have a panel made up of professionals who know how to help. You'll hear important advice and have the opportunity to ask questions. There will also be various booths where you can learn about resources and tools to help those who struggle.



Nathan Kaylor

A lot of people have anxiety or depression or even both without realizing it. I had depression and high anxiety for two-and-a-half years before telling anyone. At that point I was struggling to cling to life. By coming to this event you can gain tools and resources to help out loved ones who you might think are in the struggle for life.

Cuts and wounds can go deep, especially in the heart. It is never too late to get help though! Please come and support this event at **Lone Peak High School from 6-8 p.m. on Friday, September 26**, for an important time of learning and growing. Please spread the word on Facebook and other social networks. Booths will be on display in the commons area with resources for healing, and the panel discussion will take place in the cafeteria from 6:30-7:30 p.m. Expect to hear from traditional and holistic therapies, as well as school representatives. For more information please leave a message for me, Nathan Kaylor, at 801-319-2764, or reach me by e-mail at: nathan.13.kaylor@gmail.com.



Caregiver Support Series Continues

A free informative support series focusing on the needs of those caring for their aging loved ones will continue on Thursday, Sept. 18, at 6:00 p.m. at The Charleston assisted living facility, 10020 North 4600 West in Cedar Hills. The remaining scheduled topics will be: Sept. 18—Warning Signs of Caregiver Burnout; Oct. 16—Balancing Life in a Caregiver's Role; Nov. 20—Coping with Grief and Loss. Questions? Contact Carrie Harris at The Charleston: 801-772-0123.

View August's Yards of the Month winners on the city's website. Go to: Residents > News & Events > Yards of the Month.

Geddes PERSPECTIVE
continued from front page

One of the tournaments I played in was a fund raiser for the Lone Peak High School drill squad. They were able to raise a significant amount of money by hosting the golf tournament at our course and using the Vista Room for a luncheon and auction for addition funds. This year I also attended several wonderful wedding receptions in this amazing facility—with a view like no other in the valley. Things like this wouldn't be possible without the asset of a public golf course in our community.

I observed my youngest son, Braden, start as an 11-year-old volunteer at the course and have the opportunity to work his way up into the pro-shop over the past few years, before leaving on a mission this month. I watched as he and other young volunteers drove the carts from storage, cleaned and stocked them, and helped the golfers strap their clubs to the carts, and I remember thinking what valuable lessons in customer service these were for our young people. I realized that these kids would also go on to great future lives and careers because of some of the experiences they had working at the course.

My four sons have all enjoyed the golf course as they grew up here. Three of them are now avid golfers, living in different states. My special needs son, who is severely autistic, enjoys riding in the cart with me as we golf together occasionally, and I try to keep him quiet so as to not disturb others too much. I can't think of a better way to spend a few hours than with my sons on the golf course, sharing the nuances and integrity of the game and life in general. I also love to see couples out on "date nights" enjoying the course and families sharing several buckets of balls on the driving range and small children out with their parents on the practice putting greens.

The course is a wonderful open space in a crowded urban environment; it provides recreation, special events, and fundraiser and employment opportunities for our citizens of all ages. I encourage everyone to visit the recreation center, take a stroll around the grounds, marvel at the view, and enjoy a burger and a "pie shake" at Sammy's. If you don't golf, give the pass to someone who might use it for the first time and who may become a repeat customer. I think they will be impressed with what they experience!

City Seeks Volunteer Advisory Committee

The City of Cedar Hills is undertaking the process of updating the General Plan, which serves as a blueprint for the future development and growth of the city. We are seeking volunteers to serve on a Citizens Advisory Committee to work with members of the City Council, Planning Commission, and staff. The committee will be tasked with reviewing and making revisions to the current General Plan as mandated by the State code. In turn, the revisions will be presented to the Planning Commission for recommendation to the City Council. It is anticipated that this committee will meet on a monthly basis until the assignment is completed.

The General Plan outlines goals, objectives, and policies, which guide the vision and planning efforts of the city. Additionally, it directs the city in planning for various demographic changes, which may affect transportation, land use, housing, and other growth-related challenges.

If you are interested in being part of this committee, please contact the city's assistant city manager, Chandler Goodwin, at (801) 785-9668, ext. 501, or e-mail: cgoodwin@cedarhills.org.

Alpine Community Theater: Auditions



Alpine Community Theater (ACT) has sent out a call for AUDITIONS for its first winter show, *A Christmas Carol: The Musical!*, which will be performed Nov. 28 through Dec. 15, 2014. Auditions will be held Friday and Saturday, Sept. 19 and 20, at Valentine Theater, 895 North 900 East, in American Fork. All ages from 8 to 88 are invited to audition! For more information contact Laura Snyder at 801-763-1225, or visit the website at: www.AlpineCommunityTheater.org.

Learn to Sing, Dance, Perform!

Separate classes for ages 5-15 are held weekly at the Cedar Hills Recreation Center studio. Learn Christmas shows to perform at the Festival of Trees and the Dickens Festival. Professional instructors from the BYU Ballroom Dance team, Young Ambassadors, and Vocal Point. REGISTER NOW FOR FALL CLASSES! Register online at CelebrationPerformers.com. For more information call Sherri Whitehead at: 801-492-7524 or 801-400-5336.



Free Diabetes Management Class

The Utah County Health Department offers a free, six-week diabetes management class in Provo, starting Sept. 17 at 5:30 p.m. (held each Wednesday through October 22). The class is free, but registration is required. Participants will learn: 1) techniques to deal with symptoms and emotions; 2) appropriate exercise to maintain and improve strength; 3) healthy eating; 4) appropriate use of medications; and 5) working more effectively with health professionals. For details on these and other upcoming classes, visit: www.UtahCountyHealth.org or call 801-851-7528.

"Stepping On" Class Focuses on Reducing Falls

This is a seven-week workshop that builds strength, balance, and confidence in an effort to reduce the number of falls for persons 65 and older. Among older adults, falls are the leading cause of injury, hospital admissions, and death. Three workshop times are beginning October 1 & 2. Classes are free, but reservations are required. To register call the Utah County Health Department at 801-851-7095. The program is sponsored by Mountainland Aging and Family Services Department.